

**HON'BLE GOVERNOR OF TAMIL NADU THIRU R.N.RAVI  
PARTICIPATED AND PRESENTED AWARDS FOR EXCELLENCE IN  
MEDICINE IN MEDICAL COUNCIL AWARDS FUNCTION ORGANISED  
BY TAMIL NADU MEDICAL COUNCIL, CHENNAI AT RAJ BHAVAN,  
CHENNAI, TODAY (23.07.2022)**

Hon'ble Governor of Tamil Nadu, Thiru R.N.Ravi participated as Chief Guest and presented awards to 12 achievers for excellence in Medicine in Medical Council Awards Function organised by Tamil Nadu Medical Council, Chennai held at Raj Bhavan, Chennai today (23.07.2022).

In his Chief Guest address, Hon'ble Governor hailed doctors and health care workers for their extra-ordinary service and dedication to the society with utmost devotion. Doctors with their high professionalism and ethical standards have done commendable contribution to public health. During the global pandemic and the most challenging situation they have exhibited extra-ordinary courage and professional ethos of great excellence. Humanity will always remember them.

Hon'ble Governor described how the Nation is witnessing tectonic shift in intensive and comprehensive health care service delivery under the dynamic central leadership. It is the time for the Nation to have a comprehensive health care, building health infrastructure and ensuring accessible health care to every citizen, all inclusive. Within a short period new medical colleges have been constructed. Generic medicines are affordable to all. Welfare schemes such as Ayushman Bharat have given a new energy to the health care services.

We are aiming to have one medical college in each district. Establishing Health and Wellness Centres at all villages replacing sub centres and primary health centres by the year end will also enhance the accessible health care to the people.

The scheme of Central Government of Ayushman Bharat has paved way for 773 Ayush colleges in the Nation. The country since the time immemorial, has very strong traditional system of medicines which is much in practice even today. The traditional Indian medicine approach is differed from the European and Western medicine approach which is more analytic in nature.

Hon'ble Governor mentioned the ancient medical approach of Siddars and epic works of Thirumoolar performed several thousand years ago. His work on Thirumandiram, yoga, asanas and meditation are timeless wisdom for the people.

Hon'ble Governor brought out that the world is looking at India as a health sector partner. India has provided COVID vaccine to more than 150 countries for free. We are promoting alternative medicine system. Today, export of Indian Ayush products are worth 18 billion Dollars.

Hon'ble Governor added that Tamil Nadu is proud land of Rishi Pathanjali who authored and compiled a number of *Yoga Sutras* and classical yoga texts. Governor explained several thousand years ago, Yoga Siddhar, Thirumoolar wrote 3000 verses of yoga in Thirumandhiram in which he described various aspects of Yoga in detail including narration of the eight limbs of yoga viz., yama (abstinences), niyama (observances), asana (yoga postures), pranayama (breath control), pratyahara (withdrawal of the senses), dharana (concentration), dhyana (meditation) and samadhi (absorption).

Hon'ble Governor added that one great Tamil Siddhar Gorakhnath spread yoga in various parts of Bharat . Yoga is a recipe for physical well being and in spiritual domain it is evolution to the higher order of self connecting with the Universal self, an important part of our tradition and culture, Vasudhaiva Kutumbkam, the World is a Family.

Hon'ble Governor underscored that Tamil Nadu particularly Chennai has a vast potential medical expertise, infrastructure facilities and specialists to look after the medical needs of people abroad.

In the conclusion, Hon'ble Governor urged the medicine professional to retain the hard earned trust reposed upon them by the people and the country to continue their noble service the community. He congratulated the award winners for their distinguished service and outstanding performance in the various fields of medicine. He urged the award winners to continue their best services in the medicine with dedication and devotion with high professionalism as a role model and icon to their followers. He also urged them to carry out extensive evidence based researches on Indian traditional medicine system.

On this occasion, Dr.K.Senthil, President, Dr.M.K.Ponnuraj, Vice-President, Dr.T.Jeyasingh, Member, Dr.NRTR.Thiagarajan, Chairman, Awards Committee, Tamil Nadu Medical Council, distinguished invites, dignitaries, officials and staff of Raj Bhavan were participated.

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Raj Bhavan, Chennai - 22

Sd/-

Date : 23.07.2022

Joint Director (PR)