

**ADDRESS BY THIRU BANWARILAL PUROHIT, HON'BLE GOVERNOR  
OF TAMIL NADU AT THE MUPPERUM VIZHA (SWAMIGAL'S 58<sup>TH</sup> JAYANTHI,  
NADHA SANGAMAM AND 15<sup>TH</sup> ANNIVERSARY CELEBRATIONS) ORGANISED  
BY SRI MARUTHIYIN UDHAVIKKARANGAL TRUST & SRI DANVANTRI  
AROGYA PEEDAM AT SRI DANVANTRI AROGYA PEEDAM, VELLORE  
ON 16.03.2019 AT 12 NOON**

**Anaivarukkum Vanakkam**

**Sri Muralidhara Swamigal,**  
Founder and Managing Trustee

**Justice Dr. P. Jyothimani**

**Thirumathi Nirmala Muralidharan**  
Trustee

**Thiru. R.Varadarajan,**  
Former MD,  
REPCO Bank

**Distinguished Invitees**

**Ladies and Gentlemen**

I am happy to be participating in this Mupperum Vizha being organised by the Sri Maruthiyin Udhavikkarangal Trust and Sri Danvantri Arogya Peedam. Apart from the anniversaries of these two institutions which are being celebrated the Celestial Wedding is also been organised today with the participation of 1000 Nadhaswaram/Thavil Artists thus adding grandeur to the event.

To neutralise the doshas and receive divine blessings Sumangali Pooja and Thirukalyanam for the Neem and Peepal

trees have taken place and today the Maha Danvantri Homam, Sahasra Kalasa Abishegam and Nadha Sangamam Programme are taking place.

I am informed that the Danvantri Arogya Peedam is an institution started by Sri Muralidhara Swamigal for curing people of their diseases. The idol of Lord Danvantri has been sanctified here for that purpose.

The location of the Dhanvantri temple here adds to the special significance of the place. As you are all aware the origin of Ayurveda is traced to Dhanvantri who is therefore venerated as God.

The word “ayurveda” in Sanskrit means the science of life and longevity. It is well known that the science of Ayurveda is based on maintaining the right balance among the three bodily humors Vayu, Pitta and Kapha.

There are three principal early texts on Ayurveda, the Charaka Samhita, the Sushruta Samhita and the Bhela Samhita.

These classical Sanskrit works on Ayurveda describe medicine as being divided into eight components. In fact, this characterization of medicine that has eight components (Skt. Cikitsayam astangayam चिकित्सायामष्टाङ्गायाम्) is first found in the Mahabharata. The components are :

- Kayachikitsa : general medicine for bodily health
- Kaumara-bhrtya : the treatment of children

- Salyatantra : surgical techniques and the extraction of foreign objects.
- Shalakyatantra : treatment of ailments affecting ears, eyes, nose, mouth, etc (“ENT”).
- Bhutavidya : pacification of possessing spirits, and the people whose minds are affected by such possession.
- Agadatantra : toxicology
- Rasayantantra : rejuvenation and tonics for increasing lifespan, intellect and strength
- Vajikaranatantra : aphrodisiacs and the other related treatments.

These Ancient Ayurveda texts also speak about several surgical techniques such as rhinoplasty, kidney stone extractions, sutures, and the extraction of foreign objects.

It is to discover and systemically document and propagate the benefits of our traditional systems of medicine that the Ministry of AYUSH was formed in November 2014. The letters A Y U S H stand for Ayurveda, Yoga, Unani, Siddha and Homoeopathy. In October 2016, India’s first All India Institute of Ayurveda was dedicated to the nation by the Hon’ble Prime Minister Shri Narendra Modi Ji. All this goes to show the importance that the Government attaches to our traditional systems of medicine.

I congratulate the Sri Maruthiyin Udhavikkarangal Trust and Sri Danvantri Arogya Peedam for having planned the

Mupperum Vizha in a grand manner. The special importance given to the Nadaswaram and Thavil artists deserve appreciation and applause.

The Nadha Sangamam Programme Vizha has given the pride of place for Nadhaswaram and Thavil Artists who represent the core of Tamil Music. The Nadaswaram and Thavil also known as the Mangala Vadyam are played on all auspicious occasions such as marriages etc.

Music in Tamil literature is referred to, as 'Pann'. It is not a matter of mere coincidence that the Tamil word for culture is Pann Paadu. Paadu refers to singing. This only means that if you sing and propagate Tamil music, you are actually upholding the very essence of Tamil Culture.

The tradition of Tamil music goes back to the ancient era of Tamil history. There are various references to this found in the ancient Sangam literature.

In the post-Sangam period, Tamil music evolved to a different level of sophistication. The Cilappatikaram (चिलपतिकारम) contains several chapters dedicated to music and dance.

By celebrating Tamil music through the Nadha Sangamam, the Mupperum Vizha has acquired versatility and uniqueness in having harmoniously blended music and medicine.

I am also happy to note that there is a separate Sannadhi for Bharat Matha in this temple, for the prosperity of the Nation and its people.

The Peedam is also maintaining a Goshala where Cows are looked after and Daily Gopoojas are performed to highlight the importance of Go Samrakshana.

I understand that Sri Muralidhara Swamigal is also conducting Dhanvantari Homam on all days of the year for benefit of all those who come here.

Before I conclude, I wish to call upon all of you to have faith in our ancient texts and traditions and help to propagate them to the maximum extent possible. Our ancestors knew the art of sustainable development. That is why civilization has flourished in our nation without a break for more than 5000 years. It is important to preserve this legacy and pass it on to succeeding generations. The Tamil saying 'Podumenra Maname Pon Seyyum Marundhu' says it all. This belief in simple living and high thinking which is the hallmark of our tradition needs to be held aloft for succeeding generations. Yoga is one such inheritance from our ancestors which the world respects India for. There many more such branches of learning and treatises that our ancestors have left behind and which are still waiting to be rediscovered and universally adopted.

It is only through organizations such as Sri Maruthiyin Udhavikkarangal Trust and Sri Danvantri Arogya Peedam that this noble task can be carried out. I congratulate them for their painstaking efforts in organising the Mupperum Vizha. May they be visited with success in all their endeavours.

Nandri Vanakkam....

Jai Hind....